

CAREER TECHNICAL TRAINING AREA

Heavy Truck Driving



Do You Like ...

... organization and detail?

... machines?

... helping others?

... following a routine?

If so, you may be a good candidate for Job Corps' Heavy Truck Driving career training program.

SKILLS

Learn how to perform the essential tasks of a heavy truck driver, including:

- » Checking vehicles to ensure that mechanical, safety, and emergency equipment is in good working order.
- » Maneuvering trucks into loading or unloading positions, following signals from loading crew, and checking that vehicle and loading equipment are properly positioned.
- » Collecting delivery instructions from appropriate sources, verifying instructions and routes.

EXPECTATIONS & REQUIREMENTS

While on the job, you will be expected to display the following traits at all times:

- » Integrity and dependability
- » Attention to detail
- » Concern for others
- » Cooperation

And you will need to meet a few basic requirements in order to be hired as a heavy truck driver, including having:

- » A high school diploma or the equivalent
- » Completion of the core curriculum and passing scores on all written and performance tests
- » A valid state-issued driver's license and a clean driving record
- » At least 18 years of age (varies by state). To be an interstate commercial driver (Federal Motor Carrier Safety Regulations), you must be at least 21 years of age and pass a physical examination every 2 years
- » Good hearing, 20/40 vision or better (may not be colorblind), and normal use of arms and legs
- » Not allowed for interstate truck drivers: epilepsy, diabetes controlled by insulin, or the use of any controlled substances not prescribed by a licensed physician
- » No felony convictions involving the use of a motor vehicle, a crime involving drugs, driving under the influence of drugs or alcohol, refusing to submit to an alcohol test required by a state, leaving the scene of a crime, or causing a fatality through negligent operation of a motor vehicle
- » Ability to read and speak English well enough to read signs, prepare reports, and communicate with law enforcement officers and the public

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CREDENTIALS

As a Job Corps student, you can earn credentials in your training area that demonstrate you have **gained the knowledge and skills** to help you **succeed in your career**. Credentials may lead to greater employment opportunities, higher wages, and promotions.

Students who complete a Transportation training area can earn **nationally recognized credentials** and/or state licensure. Credentials such as these show that students have the skills and knowledge to work in transportation, logistics, and customer service.

CAREER OPTIONS

Most **Heavy Truck Driving graduates work full time for a trucking company**. They drive heavy trucks for delivery and help load and unload trucks. Long-haul truck drivers may be away from home for days or weeks at a time.



SALARY

The average starting salary for most heavy truck drivers is **\$40,000/year**.

*For additional salary information and career path options in this field, visit www.mynextmove.org.



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